

Our Lady of Mt. Carmel Church

120 Prospect Street, Nutley, New Jersey 07110

Rev. Dennis E. Reiff, Pastor
Rev. Malachy Odoh,
Parochial Vicar
Deacon Aldo Antola,
Pastoral Associate
Sr. Mary Rose Conforto, MPF,
Religious Ed. Director
Thomas Rudomanski,
Pastoral Council President
Andrew Cardona,
Music Director

Masses

Weekday Masses

7 a.m. and 8 a.m.

Sunday

Saturday Evenings: 5 p.m.

Sunday:

7 a.m., 8 a.m., 9:15 a.m.,
10:45 a.m. and 12:15 p.m.

Misang Pilipino

First Sunday, 3 p.m.

Devotions

Infant of Prague Novena

Tuesday - 7:30 p.m.

Our Lady of Mt. Carmel Novena

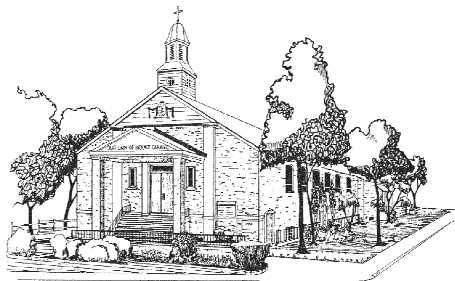
Wednesday following 7 a.m.
and 8 a.m. Masses

First Friday Devotions

8:30-9:30 a.m.

Sacrament of Reconciliation

Weekdays after 8 a.m. Mass
Saturday - 4 p.m.-5 p.m.



February 10, 2013

5th Sunday in
Ordinary Time

Rectory Hours

Monday-Friday: 9 a.m.-4 p.m.
*The Rectory is closed between
12:30 p.m. and 1:30 p.m. for
lunch.*

Rectory Phone Numbers

(973) 667-2580

(973) 661-1623

Fax: (973) 667-0648

Emails

olmcnutley@optimum.net

olmcreligion@optimum.net

Website

www.olmc-nutley.org

Marriages

Please schedule at least ONE
YEAR in advance of your
wedding. Pre-Cana and other
instruction sessions are re-
quired.

Sacraments of Healing

Please notify the parish office if
someone is ill at home or in the
hospital.

Baptisms

We request parents attend a
Baptism Instruction Session
before the birth of their child.
The Sacrament of Baptism is
usually celebrated the third
Sunday of each month, except
during Lent (when we will not
celebrate the sacrament until
Easter). All Baptisms are
scheduled in person at the
Rectory.

Parish Membership

All are welcome to join our Par-
ish Family. Parish policy re-
quires registration to partici-
pate in Baptism, Marriage and
Religion Classes. Please notify
the office when a change of
address or move occurs.

Our mission as a holy parish is to communicate and to celebrate the life and spirit of Jesus by our word and actions in order to build a dynamic, loving, caring and outreaching community of faith.

February 10, 2013 ~ 5th Sunday in Ordinary Time



Prayers for Health Reasons

Regina Basiak, Josephine Benimeo, Lucy Calvanese,
Sr. Mary Rose Conforto, Cindy Coviello,
Ana Marie de Vera, Donald Di Benedetto,
Joshua Di Costanzo, Helen Ferguson,
Grace Fiore, Joan Gabriele, Connie Garcia,
Jean Gerard, Barbara Hahn, James Hamilton, Lucille,
Eve McKay, Madeline Micael, Michael O'Connor,
Stephi Pawelek, Hoyt Peavy, Maria A. Penaranda,
Irene Pepek, Evelyn Perry, Isabella Piccinno,
Albert Reyes, Jocelyn Reyes, Marie Rispoli,
Stephen Sawruk, Mariana Toledo,
Joan Tomol, James Tressito

Saturday

February 9

7 a.m. Edna Gancarz
8 a.m. Agnes Gustavson
5 p.m. People of the Parish

Sunday

February 10

7 a.m. Helena Oertel
8 a.m. Maria Thu Nguyen
9:15 a.m. Grace and James O'Hara
10:45 a.m. Maureen M. de Bruyn
12:15 p.m. Kathryn Janowski

Monday

February 11

7 a.m. Frank Ferguson
8 a.m. Joseph Khan-Nguyen

Tuesday

February 12

7 a.m. Linton Abrencia
8 a.m. Christopher De Luca

Wednesday

February 13

7 a.m. Salvatore and Antonetta Rotunda
8 a.m. The Mitrano Family
7 p.m. Fred and Rosalie Conforto

Thursday

February 14

7 a.m. Joan Stanler
8 a.m. Michael Ciriello

Friday

February 15

7 a.m. Abraham Jaramillo
8 a.m. Helen Crivellone

Saturday

February 16

7 a.m. Marie Buono
8 a.m. Angelina Thomas
5 p.m. Cheryl Aballo

Sunday

February 17

7 a.m. Ian Frier
8 a.m. Theresa De Lorenzo
9:15 a.m. Dean, Jr. and Alice Sawruk
10:45 a.m. Sam Marcotrigiano
12:15 p.m. Tadas Alinskas

Masses for 2013

Masses are scheduled in person Monday-Friday, from 9 a.m.- 4 p.m. If you are unable to come before 4 p.m., give us a call, and we'll try to have someone available.

Come to the Rectory to:

- ◆ Schedule a Mass for a loved one (living or deceased).
Offering: Monday-Saturday morning, \$10; Saturday, 5 p.m. and Sunday, \$15.
- ◆ Schedule a Special Intention for a loved one (living or deceased).
- ◆ Make an offering in honor or in memory of a loved one for The Living Flame (\$10), Bread and Wine (\$25), or Altar Flowers (\$30).

Baptism Preparation

If you are expectant parents, please arrange to attend our Baptismal Instruction Program before the birth of your child. Baptismal Instruction and Baptisms must be scheduled in person, at the Rectory. The next Baptismal Instruction Course is **Sunday, March 10 at 2 p.m.** The next Baptism is on **Sunday, April 21 at 2 p.m.** There is a processing fee of \$25.

YANA (You Are Not Alone)

Our Parish Bereavement Support Group will meet on **Wednesday, February 20 from 7:30 p.m.-9 p.m.** in the Parish Hall. Our Support Group is open to anyone (parishioner or non-parishioner) who has suffered the loss of a friend, relative or a loved one. There is no charge and reservations are not required. All you need is an open mind and an open heart. Let us try to help you through this time of grief.

Our Collection for February 3 was \$4,789.

Ultimately, it is the Lord who receives your gift with heartfelt appreciation.

The Sanctuary Light honoring the Eucharistic Presence of Our Lord in the Tabernacle is lit this week

In Loving Memory of

Deceased Members of the Reiff and Rizzolo Families

Bread and Wine offering this week in Loving Memory of

Helen Crivellone



Lent begins on **Ash Wednesday, February 13.** **Ashes will be given at the 7 a.m., 8 a.m. and 7 p.m. masses, 12 noon (not a mass).** Here are our **2013 Lenten Regulations** regarding Fast and Abstinence:

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. The other Fridays of Lent are days of Abstinence. On a day of Fast, only one full meal is permitted. Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially," or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent (February 17)** to the **Solemnity of the Holy Trinity, (May 26).**

**Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

Stations of the Cross

During Lent, we will observe *Stations of the Cross* on the **Fridays of Lent at 7 p.m.** Please join us as we recall Jesus' journey to Calvary. We encourage active participation as we seek volunteer Altar Servers and Readers.

GSA Goes Into the Woods

Good Shepherd Academy's Musical Theatre Club Proudly Presents. . . ***Into The Woods Jr.*** on **Friday, February 15 at 7 p.m., Saturday, February 16 at 7 p.m., and Sunday, February 17 at 3 p.m.** Tickets are on sale now. Adults: \$8 and Children/Students: \$5. To purchase tickets, please contact the school office at (973) 667-2049, ext. 100.



Monthly 50/50 Tickets

On Sale Now!

Buy your tickets after all weekend masses or stop by the Rectory during business hours. We're also looking for volunteers to sell after masses. **Next Drawing: Sunday, February 24, 1:15 p.m.** Raffle tickets make fabulous gifts for every occasion.



Religious Education

The OLMC Education Department has resumed Children's Liturgy. All children are welcome and *strongly encouraged* as Catholics to attend. *Please see schedule below.* All masses are at **10:45 a.m.**

Children's Liturgy Schedule:

March 10, 2013

April 21, 2013

Confirmation

Confirmation is scheduled for **Sunday, February 10** during the **12:15 p.m.** mass.

Retreat Weekend for Women at Villa Walsh

Spend a weekend of spiritual reflection and renewal with women from all over New Jersey. The Religious Teachers Filippini are hosting a



Weekend Retreat for Single Women ages 17 and older from **Friday, March 1-Sunday March 3** at Villa Walsh (455 Western Avenue, Morristown). Time will be spent in prayer, reflection, adoration, relaxation, and sharing with the Sisters and other women on retreat. The retreat is free. For more information, please call Sr. Shirlee, (917) 349-7935.

Earthly riches are like the reed. Its roots are sunk in the swamp, and its exterior is fair to behold; but inside it is hollow. If a man leans on such a reed, it will snap off and pierce his soul.

Dates to Remember

Sunday, February 10: Confirmation, 12:15 p.m.

Tuesday, February 12: Infant of Prague Novena, 7:30 p.m., Choir Practice, 8 p.m.

Wednesday, February 13: Ash Wednesday. Ashes will be given at the 7 a.m., 8 a.m. and 7 p.m. masses, 12 noon (not a mass). Ash Wednesday collection.

Fridays, February 15-March 22: Stations of the Cross, 7 p.m.

Sunday, February 17: Assessment Collection

Monday, February 18: **The Rectory is Closed**

Tuesday, February 19: Infant of Prague Novena, 7:30 p.m., K of C, 8 p.m., Choir Practice, 8 p.m.

Sunday, February 24: Utility Collection; 50/50 Drawing, 1:15 p.m.

Tuesday, February 26: Infant of Prague Novena, 7:30 p.m., Choir Practice, 8 p.m.

February 10, 2013 ~ 5th Sunday in Ordinary Time



OLIVER'S CORNER

The average dog has one request to all humankind. Love me.
~ Helen Exley, Author

OLMC Music Ministry

The Music Ministry at OLMC is looking to expand its Adult Choir. You are not required to read music or be a professional singer at all. As long as you love to sing to the Lord, there is a place for you in our choir. Please note, that we are in particular need of male voices. The Adult Choir sings at the 12:15 mass and practices on **Tuesday evenings following Novena**. In addition to the adult choir, we are also looking to add to our team of volunteer cantors. Cantors assist in leading our congregation in song, deliver the responsorial psalm and otherwise serve as teachers as they teach the congregation new music before mass. This is a very spiritually rewarding calling. I encourage you to consider this wonderful opportunity. The cantor ministry is open to both women and men. We are also in the process of forming our very own *Junior Choir*. The plan is for the choir to sing at the 10:45 a.m. *Family Mass*. A Junior Choir would add an enormous amount of vibrancy to our parish and promises to offer a very enriching experience for your child. The age range is approximately between 7 and 13 years of age. Consider this wonderful opportunity and register your child. If you are interested or have any questions, you may call me at (347) 678-6702 or email me at acardona.music@hotmail.com.



Food Pantry

Many people only donate to food pantries at holiday times, but we want to thank you, for being so consistent all year round, with your generous giving. In spite of what time of the year it may be, you have never stopped sharing with those less fortunate. We thank you from the bottom of our

hearts. Donations to our Food Pantry consist of non-perishable foods: such as soups, sauces, pasta, rice, cereals, dry milk, canned vegetables, as well as toiletries (toothpaste, toothbrushes, soap, etc.) *Please check expiration dates before donating food. If the food is out of date, kindly discard.*

Reminder

Do you throw loose checks or cash into the collection basket? Remember to obtain credit for your donations and receive a statement at the end of the year, you need to contact Rectory staff to receive an envelope number.

Get Involved...

Adult Handicraft

The ladies will resume crafting on **Monday, March 4 at 10 a.m.** They will meet the **first Monday of each month** thereafter.

Knights of Columbus

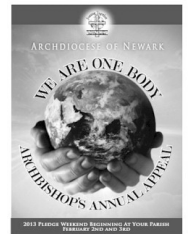
Our next meeting will be on **Tuesday, March 5** in the Parish Hall at **8 p.m.** To join, call Fred, (973) 667-7663 or email Michael at gk6195@njkofc.org.

Women's Auxiliary

Meetings are held the **second Monday of each month** at 1 p.m. in the Church Hall. If you would like to become a member of our group, join us at our next meeting on **March 12** or call Linda, (973) 661-0090.

The Archbishop's Annual Appeal

This year's appeal theme is *We Are One Body*. As Christians, we are one with each other and with Christ. We are His creation and recognize His presence in each other. We are one body in Christ. Our theme is significant because it describes the purpose of the appeal - as members of one body, we have an obligation to help members who are in need. With your gift to the Archbishop's Annual Appeal, you help feed the hungry, shelter the homeless, teach children and adults their Catholic Faith, enable parishes to continue to serve their parishioners, provide training for seminarians, assist retired priests with medical care and retirement residences and help many other ministries. **Pencils and AAA envelopes are located in the church pews and in the back of the church.** Thank you.



Stewardship



We have an obligation to share with others, that which God has given us. Share your time, and talents. Men and women can become involved in the life of our Parish by becoming an **Altar Server, Catechist, Choir Member, Extraordinary Minister of**

the Eucharist, Lector, and/or Usher. By taking an active role in the liturgical life, and service of the Parish, you can have a wonderful experience. **We are especially in need of men and women to volunteer their time as Lectors and Eucharistic Ministers.** *Feel free to fill out the form on page 5 and drop it in the collection basket or call the Rectory.*

Memorialize a Missalette for 2013

You can put the name of a loved one on a Missalette for one year. Forms can be found in Church or picked up at the Rectory during business hours. Please return completed form and a donation of \$25.



Prayers and Devotion

Join Us!

Prayer Group

The OLMC Prayer Group meets Monday-Friday following the 8 a.m. mass.

Devotion to Our Lady of Mount Carmel

Following the Wednesday 7 and 8 a.m. Masses, we meet for Novena prayers.

The Rosary

Every day, Sunday through Saturday just before the 7 a.m. mass.

Infant of Prague Novena

Tuesday evenings at 7:30 p.m.

First Friday Devotions

8:30-9:30 a.m. through June.



Palm Crosses

Sister Mary Rose and her dedicated volunteers will be selling palm crosses before and after all masses on **March 9, 10, 16, and 17** Each cross is \$10. Proceeds benefit the OLMC CCD Program. *We can always use more volunteers to help sell crosses. If you're interested, please call the Rectory.*

Fish-Fry

We're having a Fish-Fry on **Friday, March 15** and you're invited! Tickets are \$14. The take-out hour is from **5:30-6:30 p.m.** and dine-in hour will be from **6:30-7:30 p.m.** Tickets are limited and for sale in advance only. Tickets will not be available at the door the day of the event. Dinner includes fish n' chips, coleslaw, beverages, and dessert for those who dine-in. Guests may also bring their own wine or beer. Tickets can be purchased by visiting the Rectory Monday through Friday from **9 a.m.-12:30 p.m.** and **1:30 p.m.- 4 p.m.** Dinner is catered by Thistle Restaurant. **Sorry, no refunds.**



Parish Registration

Our welcome mat is always out. If you enjoy worshipping at Our Lady of Mount Carmel Church, make us your official Parish by taking a few moments to register. Please complete the information in the space below and place it in the collection and we will contact you.

All information is kept confidential.

Quick Parish Registration Request

I wish to register as a Parishioner of OLMC

Name: _____

Address: _____

Town: _____

Phone: _____

- ◇ New Registration
- ◇ Change of Address

Mark Your Calendars...

The Women's Auxiliary will host another fun-filled bus ride to Atlantic City on **Wednesday, April 24**. Details will follow.

VOLUNTEER SIGN-UP FORM

Name: _____

Address: _____

Town: _____

Phone: _____

I am interested in the following Ministry(ies):

- | | |
|---|--|
| <input type="checkbox"/> Altar Server | <input type="checkbox"/> Choir |
| <input type="checkbox"/> Catechist | <input type="checkbox"/> Office |
| <input type="checkbox"/> Lector | <input type="checkbox"/> Special Events |
| <input type="checkbox"/> Youth Ministry | <input type="checkbox"/> Extraordinary Minister of the Eucharist |
| | <input type="checkbox"/> Other _____ |