

# *Our Lady of Mt. Carmel Church*

120 Prospect Street, Nutley, New Jersey 07110

February 1, 2026



*Our Lady of Mount Carmel  
Pray for Us  
4<sup>th</sup> Sunday in Ordinary Time*

Rev. Paciano A. Barbiato, S.T.L.  
*Pastor*

Deacon Aldo Antola  
*Retired Deacon*  
Amanda Andrade  
*Parish Administrative Assistant*  
David Maiullo  
*Music Director*

Gerard Adubato, O.F.S.  
Amanda Andrade  
*Board of Trustees*



## Mass Schedule

Monday-Friday: 8:00 a.m.  
Saturday Morning: 8:00 a.m.  
Saturday, 5:00 p.m.  
Sunday: 7:30 a.m., 9:15 a.m., 10:45 a.m. & 12:15 p.m.  
Filipino Mass ~ Third Sunday of the month: 5:00 p.m.  
Holy Days: As Announced

## Sacrament of Reconciliation

Weekdays after the 8:00 a.m. Mass  
Saturday: 2:00 p.m.

## Mission Statement

Our mission as a holy parish is to communicate and to celebrate the life and spirit of Jesus by our words and actions in order to build a dynamic, loving, caring and outreaching community of faith.

### **Rectory Hours:**

Monday – Thursday  
9:00 a.m. to 4:00 p.m.

*The rectory is closed between  
12:30 p.m. – 1:30 p.m.*

### **Rectory Phone Numbers:**

(973) 667-2580

(973) 661-1623

**Fax:** (973) 667-0648

### **Emails:**

olmcnutley@optimum.net

olmc religion@optimum.net

### **Website:**

www.olmc-nutley.org

### **Marriages**

Please schedule at least ONE YEAR in advance of your wedding. Pre-Cana and other instruction sessions are required.

### **Sacraments of Healing**

Please notify the parish office if someone is ill at home.

### **Baptisms**

We request parents attend a Baptism Instruction Session before the birth of their child. The Sacrament of Baptism is usually celebrated the third Sunday of each month, except during Lent (when we will not celebrate the sacrament until Easter). All Baptisms are scheduled in person at the rectory.

### **Parish Membership**

All are welcome to join our Parish Family. Parish policy requires registration to participate in Baptism, Marriage and Religion Classes. Please notify the office when a change of address or move occurs.

Mass Intentions

Prayers for Health Reasons

<b>Saturday</b>	<b>January 31</b>
8:00 a.m.	Delfin Nito Garcia
5:00 p.m.	Donald D'Angelo
<b>Sunday</b>	<b>February 1</b>
7:30 a.m.	Carmen and Martin Delgra
9:15 a.m.	Rosemarie Michele
10:45 a.m.	Maria Pidranca
12:15 p.m.	Ralph R. Scarpelli
<b>Monday</b>	<b>February 2</b>
8:00 a.m.	Louis and Nancy Ferraro
<b>Tuesday</b>	<b>February 3</b>
8:00 a.m.	Rosalinda Bausa
<b>Wednesday</b>	<b>February 4</b>
8:00 a.m.	Maria Fameli
<b>Thursday</b>	<b>February 5</b>
8:00 a.m.	Miriam Pinto de Simone
<b>Friday</b>	<b>February 6</b>
8:00 a.m.	Paula and Bennet Torre
<b>Saturday</b>	<b>February 7</b>
8:00 a.m.	Celia Balagtas
5:00 p.m.	Theresa Cucinella
<b>Sunday</b>	<b>February 8</b>
7:30 a.m.	Joseph N. Labita
9:15 a.m.	Joseph Rupp
10:45 a.m.	Ed Palomo
12:15 p.m.	Lucyna Latos and Janusz Kuleta

Delfina Alessio, Caren Angrisano, Andrea Anuscavage, Melissa Benimeo, George Berkovich, Dorothy Bogacz, Jesse Bruno, Eleanor Brush, Erlinda Cajigas, Rose Marie Candiloro, Rudolfo Clavecilla, Ana Marie de Vera, Joshua Di Costanzo, Richard Dinzes, Anna Marie Ferrante, Raquel Magalong Go, Robert Griffin, Patricia Holevas, Justin, Carol Kaufman, Robert Krupinski, Maria Lalli, Lucille, Peter Maioriello, Cynthia McDevitt, Eve McKay, Madeline Micael, Lawrence Miller, Karen Ann Niles, Jack Nitz, Christopher Nolting, Karen P., Robert Palmer, Maria A. Penaranda, Evelyn Perry, Rosalie Petracca, Vincent Petracco, Anthony Petrillo, Simpmicia Ramirez, Richard Reidy, Albert Reyes, Jocelyn Reyes, Jaxson Rivera, Robert D. Roberto, Roberto N. Roberto, Joanne Sacchetti, Josephine Senek, Damaso (Jun) Serrano, Susan, John Tiseo, Mariana Toledo, James Tressito, Diana Vaicels, Gina Villaggio, Ramona Zungri

Mass Intentions

**The 2026 Mass book is open and there are Masses available.** You can also come to the rectory to: Make an offering in honor or in memory of a loved one for The Sanctuary Light, Bread and Wine or Church Flowers.

If you need to visit or call the rectory **on Mondays** and **it is not an emergency**, we would sincerely appreciate your consideration and assistance in **delaying your visit or call until after 11:30 a.m.** *Thank You!*

Baptism Information

If you are expectant parents, please arrange to attend our Baptismal Instruction Program before the birth of your child. Baptismal Instruction and Baptisms must be scheduled in person, at the rectory. The next Baptism is **February 15**. Please visit our website to read guidelines for Godparents and for a complete Baptismal Schedule.



January 25: \$1,597

Communicating God's Word: \$478

*As you give to the Lord, may He bless you in return.*



The **Sanctuary Light** honoring the Eucharistic Presence of Our Lord in the Tabernacle is lit in Honor and Memory of  
**People of the Parish**

The **Bread and Wine** offering this week is in Honor and Memory of  
**Paula and Bennet Torre**

February 1, 2026 ~ 4<sup>th</sup> Sunday in Ordinary Time

**Blessing of Throats on the Feast of Saint Blaise**

**February 3**



In the United States the annual blessing of throats is a traditional sign of the struggle against illness in the life of the Christian. This blessing is ordinarily given during Mass or a celebration of the word of God on February 3, the memorial of Saint Blaise.

Saint Blaise was the bishop of Sebaste in Armenia during the fourth century. Very little is known about his life. According to various accounts, he was a physician before becoming a bishop. His cult spread throughout the entire Church in the Middle Ages because he was reputed to have miraculously cured a little boy who nearly died because of a fishbone in his throat. From the eighth century he has been invoked on behalf of the sick, especially those afflicted with illnesses of the throat.

Saint Blaise is often depicted holding two crossed candles in his hand, or in a cave with wild animals. He is also often shown with steel combs. The similarity of the steel combs and the wool combs made a large contribution to Saint Blaise's leadership as the patron saint of wool combers and the wool trade.

**Prayer In Honor Of St. Blaise**

O God, deliver us through the intercession of Thy holy bishop and martyr Blaise, from all evil of soul and body, especially from all ills of the throat; and grant us the grace to make a good confession in the confident hope of obtaining Thy pardon, and ever to praise with worthy lips Thy most holy name. Through Christ our Lord.

Amen

*At a Glance ....*

**February 2**

Blessing of the Throats ~ 8:00 a.m. Mass

**February 7**

Second Collection ~ Parish Assessment



**Pilgrimage to Our Lady of Guadalupe**

Puebla, Mexico City, Basilica of Our Lady of Guadalupe, Pyramids, Ocatlan, Tlaxcala

**March 14 -19, 2026**

**Cost: \$2,499 with taxes**

**Included:**

- Round trip airfare from Newark
- 5 Nights' accommodation at 4 star hotel
- 5 breakfasts, 5 dinners
- English speaking guide to all tours
- All entrance fees in itinerary
- Daily Mass
- Deluxe air conditioned bus
- Hotel taxes, baggage handling, service charges

**Not Included:**

- Tips to driver & guide, lunch, drinks, personal items, travel insurance, single supplement

**Contacts:**

Lety: 973-704-1545 Genia: 973-202-4488

Fr. Alex: 973-908-5498

**Religious Education**



**Parent meeting for Confirmation candidates February 4<sup>th</sup> at 7:00 p.m.**

[www.olmc-nutley.org/religious-education](http://www.olmc-nutley.org/religious-education)

**Communion for the Homebound**



Upon request, Communion will be brought to any parishioner confined to the home. Please contact Denise at 973-542-0191. Reminder: those who are seriously ill, or weak from the burden of years, should request the Anointing of the Sick ~ to schedule: please contact the Rectory.



The Women's Auxiliary have planned a bus trip to **Wind Creek Casino** on Wednesday, **April 15<sup>th</sup>**. The bus will leave from Our Lady of Mt. Carmel Church at 9:00 a.m. and return at

approximately 6:00 p.m. The cost of the trip is **\$45** including snacks with a **\$25 free slot play** from the casino. For additional information or reservations call Linda at 973-661-0090.

**Line Dancing at Our Lady of Mt. Carmel**



Do you like to dance? If so, come and join the OLMC Line Dancing Group! The group meets **each Friday night from 6:30 – 9:30 p.m.** here in the church hall. It is a night of dance and fun! You do not want to miss out.

*Save the Date*

We are holding our Annual Summer Soiree on **Wednesday, July 15, 2026** at the **Brookside Banquets 41 Broughton Ave., Bloomfield**. Tickets are **\$150 each**. It will consist of a 5 hour premier

liquor open bar, cocktail hour with butler passed d'oeuvres, captain stations, chef stations, sit down dinner, dessert and DJ! Tickets will begin being sold in the spring.

*Join Us...*

**Knights of Columbus**

The group meets the **first and third Tuesday of the month at 8:00 p.m.** Meetings are held **September through June**. To join: email Ken at [KofC6195@verizon.net](mailto:KofC6195@verizon.net) or call the Rectory.

**Women's Auxiliary**

The group meets on the **second Monday of the month at 1:00 p.m.** Our next meeting will be on **February 9**. For more information call Linda, (973) 661-0090 or email [lkr160@aol.com](mailto:lkr160@aol.com). New members welcome!

**2025 Tax Information**



If you wish to receive a statement of your 2025 donations to OLMC, kindly provide your name, address and daytime phone number on the below form and place in the collection basket. **If**

**you would like your statement to be sent electronically, please add an email address to the form.** You may also email your request to: [olmcnutley@optimum.net](mailto:olmcnutley@optimum.net).

**Please do not call the rectory to request this information.**

We will give you a call when your statement is ready.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town/Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Food Pantry**



We sincerely appreciate your generosity throughout the year! Donations to our Food Pantry may include non-perishable foods: such as soups, sauces, pasta, rice, cereals, dry milk, canned foods, as well as toiletries.

**Please check expiration dates before donating food.** Drop off food donations in one of the church vestibules. Please refrain from leaving donations on the porch of the rectory.

**Parish Membership - Why is it Important?**

In order for the parish to keep accurate records, please notify the parish office of any changes in your address or phone number. In order for us to testify to your ability for sponsorship in Baptism, Confirmation or witness to a Catholic marriage, it is necessary to be a registered member of this parish. To register, fill out the form below and place in the collection basket.

**Quick Parish Registration Request**

Our welcome mat is always out. If you enjoy worshipping at Our Lady of Mount Carmel Church, make us your official Parish by taking a few moments to register. You may also download a registration form on our website. All information is confidential.

*I wish to register as a Parishioner of OLMC*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_

Telephone: \_\_\_\_\_

New Registration       Change of Address

**Our Lady of Mt. Carmel Bible Study**



OLMC Bible Study Group has begun. All meetings are held 6:30 – 7:30 p.m. on the 4<sup>th</sup> Monday of each month. The next meeting is **February 23<sup>rd</sup>**.

**Stewardship**

We have an obligation to share with others that which God has given us. Share your time and talents. Everyone can become involved in the life of our Parish by becoming an **Altar Server, Catechist, Choir Member, Lector or Usher**. By taking an active role in the liturgical life, and service of the Parish, you can have a wonderful experience. *Please complete the form below and drop it in the collection basket.*

**Ministry Sign Up Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

I am interested in the following Ministry(ies):

- Altar Server
- Catechist
- Lector
- Choir
- Other \_\_\_\_\_

**Report Financial Misconduct Confidentially**

If you suspect financial misconduct, use EthicsPoint, an independent and confidential reporting tool that helps the Archdiocesan community address issues while promoting positive parish, school and workplace environments. Visit [www.rcan.org](http://www.rcan.org) for the hotline and reporting link.

**Valentine's Day Senior Breakfast**



**Friday, February 13<sup>th</sup>** we will be having our Senior Breakfast in the parish hall. Join us from **9:00 a.m. – 11:00 a.m.** for a continental breakfast and some fun!

Please add your name to the sign-up sheet on either bulletin board in the church so we have an accurate number for our accommodations. Hope to see you there!