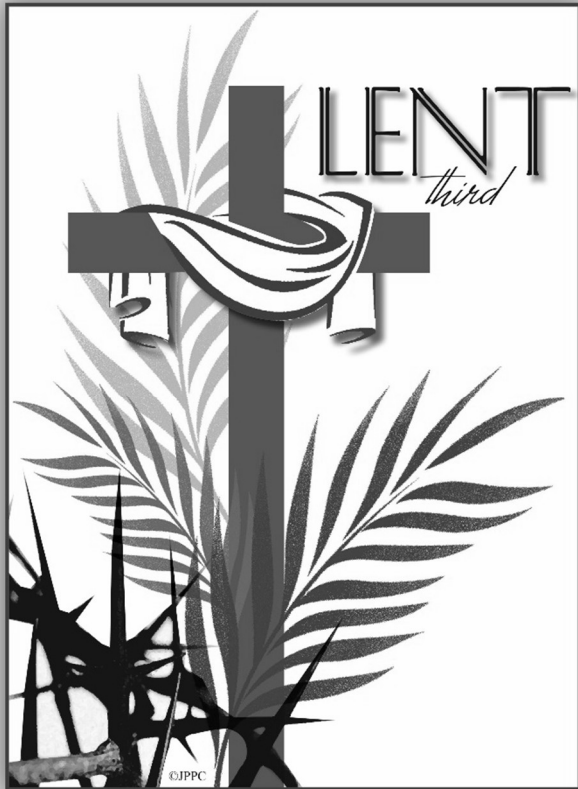


Our Lady of Mt. Carmel Church

120 Prospect Street, Nutley, New Jersey 07110

March 8, 2026



3rd Sunday of Lent

Rev. Paciano A. Barbiato, S.T.L.
Pastor

Deacon Aldo Antola
Retired Deacon
Amanda Andrade
Parish Administrative Assistant
David Maiullo
Music Director

Gerard Adubato, O.F.S.
Amanda Andrade
Board of Trustees



Mass Schedule

Monday-Friday: 8:00 a.m.
Saturday Morning: 8:00 a.m.
Saturday, 5:00 p.m.
Sunday: 7:30 a.m., 9:15 a.m., 10:45 a.m. & 12:15 p.m.
Filipino Mass ~ Third Sunday of the month: 5:00 p.m.
Holy Days: As Announced

Sacrament of Reconciliation

Weekdays after the 8:00 a.m. Mass
Saturday: 2:00 p.m.

Mission Statement

Our mission as a holy parish is to communicate and to celebrate the life and spirit of Jesus by our words and actions in order to build a dynamic, loving, caring and outreaching community of faith.

Rectory Hours:

Monday – Thursday
9:00 a.m. to 4:00 p.m.

*The rectory is closed between
12:30 p.m. – 1:30 p.m.*

Rectory Phone Numbers:

(973) 667-2580

(973) 661-1623

Fax: (973) 667-0648

Emails:

olmcnutley@optimum.net

olmc religion@optimum.net

Website:

www.olmc-nutley.org

Marriages

Please schedule at least ONE YEAR in advance of your wedding. Pre-Cana and other instruction sessions are required.

Sacraments of Healing

Please notify the parish office if someone is ill at home.

Baptisms

We request parents attend a Baptism Instruction Session before the birth of their child. The Sacrament of Baptism is usually celebrated the third Sunday of each month, except during Lent (when we will not celebrate the sacrament until Easter). All Baptisms are scheduled in person at the rectory.

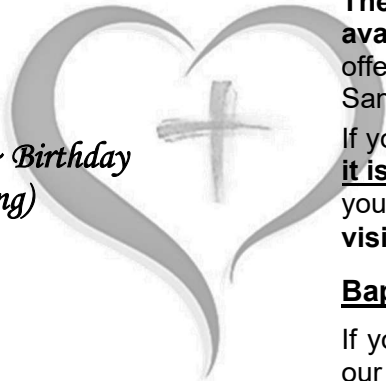
Parish Membership

All are welcome to join our Parish Family. Parish policy requires registration to participate in Baptism, Marriage and Religion Classes. Please notify the office when a change of address or move occurs.

Mass Intentions

Prayers for Health Reasons

- Saturday** **March 7**
8:00 a.m. Esther Belleza
5:00 p.m. Thomas Gilroy
- Sunday** **March 8**
7:30 a.m. Anie Urbano
9:15 a.m. People of the Parish
10:45 a.m. Ricardo Mendoza
12:15 p.m. Erlinda Mellish
- Monday** **March 9**
8:00 a.m. Fernando Salvador
- Tuesday** **March 10**
8:00 a.m. Simplicio Tabuzo
- Wednesday** **March 11**
8:00 a.m. Susan Gallagher
- Thursday** **March 12**
8:00 a.m. Denise Roman ~ *Birthday*
Celebration (living)
- Friday** **March 13**
8:00 a.m. Annie Francisco
- Saturday** **March 14**
8:00 a.m. John S. Zitka
5:00 p.m. Salvatore Cetrulo
- Sunday** **March 15**
7:30 a.m. Ann Trapasso
9:15 a.m. Rolando Sunga ~ *Birthday*
Remembrance
10:45 a.m. Andrzej Wegrzynski
12:15 p.m. Janice L. Stoyack



Delfina Alessio, Caren Angrisano, Andrea Anuscavage, Melissa Benimeo, George Berkovich, Dorothy Bogacz, Jesse Bruno, Eleanor Brush, Erlinda Cajigas, Rose Marie Candiloro, Rudolfo Clavecilla, Ana Marie de Vera, Joshua Di Costanzo, Richard Dinzes, Anna Marie Ferrante, Raquel Magalong Go, Robert Griffin, Patricia Holevas, Justin, Carol Kaufman, Robert Krupinski, Maria Lalli, Lucille, Peter Maioriello, Cynthia McDevitt, Eve McKay, Madeline Micael, Lawrence Miller, Karen Ann Niles, Jack Nitz, Christopher Nolting, Karen P., Robert Palmer, Maria A. Penaranda, Evelyn Perry, Rosalie Petracca, Vincent Petracco, Anthony Petrillo, Simpmicia Ramirez, Richard Reidy, Albert Reyes, Jocelyn Reyes, Jaxson Rivera, Robert D. Roberto, Roberto N. Roberto, Joanne Sacchetti, Josephine Senek, Damaso (Jun) Serrano, Susan, John Tiseo, Mariana Toledo, James Tressito, Diana Vaicels, Gina Villaggio, Ramona Zungri

Mass Intentions

The 2026 Mass book is open and there are Masses available. You can also come to the rectory to: Make an offering in honor or in memory of a loved one for The Sanctuary Light, Bread and Wine or Church Flowers.

If you need to visit or call the rectory **on Mondays** and **it is not an emergency**, we would sincerely appreciate your consideration and assistance in **delaying your visit or call until after 11:30 a.m.** *Thank You!*

Baptism Information

If you are expectant parents, please arrange to attend our Baptismal Instruction Program before the birth of your child. Baptismal Instruction and Baptisms must be scheduled in person, at the rectory. The next Baptism is **April 19**. Please visit our website to read guidelines for Godparents and for a complete Baptismal Schedule.



February 22: \$3,416 Easter Flowers: \$2,022

Ash Wednesday: \$ 2,165 March 1: \$5,099

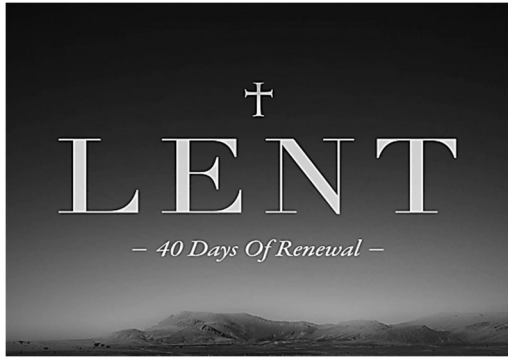
As you give to the Lord, may He bless you in return.

The **Sanctuary Light** honoring the Eucharistic Presence of Our Lord in the Tabernacle is lit in Honor and Memory of

Thomas Cheplic

The **Bread and Wine** offering this week is in Honor and Memory of

Thomas Cheplic



2026 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence. On a day of Fast, only one (1) full meal is permitted, and two (2) smaller meals, which, if added together, would not exceed the main meal in quantity. Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.

3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the First Sunday of Lent, February 18 to The Solemnity of the Most Holy Trinity, May 26, 2024.

*Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.

At a Glance

March 13

During Lent, we will pray Stations of the Cross on the **Fridays of Lent at 7:00 p.m.** Please join us as we recall Jesus' journey to Calvary. Praying of the Rosary at 6:30 p.m.

March 15

Second Collection ~ Black and Indian Missions



Father's Day Essay Contest

The Women's Auxiliary and the OLMC Religious Education Program are sponsoring a Father's Day Essay Contest. Each child is asked to write a short essay about the **special father figure** in their life for a chance to win a prize. **All children of OLMC Parish in grades 1 – 8 are invited to participate.** Prizes will be awarded according to grade level.

Completed entries may be submitted by email to olmcreligion@optimum.net, dropped off at the rectory, placed in the collection basket at church, or given to their CCD teacher. **Deadline to submit will be March 29th.**

Grades 1 – 3: Win a \$50 gift card to take your father to breakfast at Nutley Diner.

Grades 4 – 6: Win a \$50 gift card to take your father to breakfast at Nutley Diner.

Grades 7 – 8: Win a \$50 gift card to take your father to breakfast at Nutley Diner.

Prizes will be awarded at the April Children's Masses. Entries will be judged by Mrs. Amanda Andrade (OLMC Administrative Assistant) and two members of the Women's Auxiliary. Any questions may be directed to Mrs. Margaret Nastasi, Director of OLMC Religious Education. Please be sure to include the child's name, grade, and parent's phone number with each entry.

Religious Education



Parent Meeting for Holy Communion ~ March 11th at 7:00 p.m.

www.olmc-nutley.org/religious-education

Communion for the Homebound



Upon request, Communion will be brought to any parishioner confined to the home. Please contact Denise at 973-542-0191. Reminder: those who are seriously ill, or weak from the burden of years, should request the Anointing of the Sick ~ to schedule: please contact the Rectory.



The Women's Auxiliary have planned a bus trip to **Wind Creek Casino** on **Wednesday, April 15th**. The bus will leave from Our Lady of Mt. Carmel Church at 9:00 a.m. and return at

approximately 6:00 p.m. The cost of the trip is **\$45** including snacks with a **\$25 free slot play** from the casino. For additional information or reservations call Linda at 973-661-0090.

Line Dancing at Our Lady of Mt. Carmel



Do you like to dance? If so, come and join the OLMC Line Dancing Group! The group meets **each Friday night from 6:30 – 9:30 p.m.** here in the church hall. It is a night of dance and fun! You do not want to miss out.



The Women's Auxiliary is having an Easter basket drawing. The basket value is over \$600.00 and includes items such as a Kate Spade purse, scratch offs, and a ShopRite gift card. Ticket prices are **1 for \$10.00** or **3 for \$20.00**. Tickets will be sold at all Masses. Winning ticket

will be drawn on **March 29th** after the 12:15 p.m. Mass.

Join Us...

Knights of Columbus

The group meets the **first and third Tuesday of the month at 8:00 p.m.** Meetings are held **September through June**. To join: email Ken at KofC6195@verizon.net or call the Rectory.

Women's Auxiliary

The group meets on the **second Monday of the month at 1:00 p.m.** Our next meeting will be on **March 9**. For more information call Linda, (973) 661-0090 or email lkr160@aol.com. New members welcome!

2025 Tax Information



If you wish to receive a statement of your 2025 donations to OLMC, kindly provide your name, address and daytime phone number on the below form and place in the collection basket. **If**

you would like your statement to be sent electronically, please add an email address to the form. You may also email your request to: olmcnutley@optimum.net.

Please do not call the rectory to request this information.

We will give you a call when your statement is ready.

Name: _____

Address: _____

Town/Zip: _____

Daytime Phone: _____

Email: _____

Food Pantry



We sincerely appreciate your generosity throughout the year! Donations to our Food Pantry may include non-perishable foods: such as soups, sauces, pasta, rice, cereals, dry milk, canned foods, as well as toiletries.

Please check expiration dates before donating food. Drop off food donations in one of the church vestibules. Please refrain from leaving donations on the porch of the rectory.

Parish Membership - Why is it Important?

In order for the parish to keep accurate records, please notify the parish office of any changes in your address or phone number. In order for us to testify to your ability for sponsorship in Baptism, Confirmation or witness to a Catholic marriage, it is necessary to be a registered member of this parish. To register, fill out the form below and place in the collection basket.

Quick Parish Registration Request

Our welcome mat is always out. If you enjoy worshipping at Our Lady of Mount Carmel Church, make us your official Parish by taking a few moments to register. You may also download a registration form on our website. All information is confidential.

I wish to register as a Parishioner of OLMC

Name: _____

Address: _____

City/Town: _____

Telephone: _____

New Registration Change of Address

Our Lady of Mt. Carmel Bible Study



OLMC Bible Study Group has begun. All meetings are held 6:30 – 7:30 p.m. on the 4th Monday of each month. The next meeting is **March 23rd**.

We have an obligation to share with others that which God has given us. Share your time and talents. Everyone can become involved in the life of our Parish by becoming an **Altar Server, Catechist, Choir Member, Lector or Usher**. By taking an active role in the liturgical life, and service of the Parish, you can have a wonderful experience. *Please complete the form below and drop it in the collection basket .*

Ministry Sign Up Form

Name: _____

Address: _____

Town/Zip: _____

Phone: _____

I am interested in the following Ministry(ies):

- Altar Server
- Catechist
- Lector
- Choir
- Other _____



**Happy Birthday to Our Lady of Mt. Carmel's
 Pastor, Fr. Alex Barbieto!**

**Wishing you joy, laughter and all your heart
 desires today and always. You are deeply
 appreciated and loved by all at OLMC.
 Cheers to another year around the sun!**