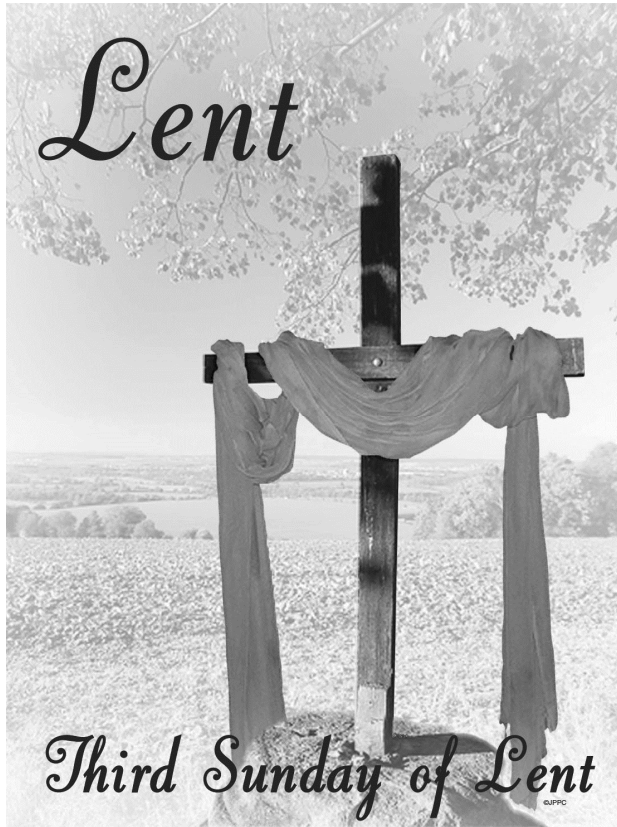


Our Lady of Mt. Carmel Church

120 Prospect Street, Nutley, New Jersey 07110
February 28, 2016



*Our Lady of Mt. Carmel,
Pray for Us*

Rev. Dennis E. Reiff
Pastor
Rev. Kevin J. Schott
Parochial Vicar
Deacon Aldo Antola
Pastoral Associate
Sr. Mary Rose Conforto, MPF
Director of Religious Education
Andrew Cardona
Director of Music Ministry

Mass Schedule

Monday-Friday: 7 a.m. and 8 a.m.
Saturday Morning: 7:30 a.m.
Sunday: Saturday, 5 p.m.
Sunday: 7:30 a.m., 9:15 a.m., 10:45 a.m., and 12:15 p.m.
Holy Days: As Announced

Sacrament of Reconciliation

Weekdays after the 8 a.m. Mass
Saturday: 4-5 p.m.

Devotions

Infant of Prague Novena: Tuesday, 7:30 p.m.
Our Lady of Mt. Carmel Novena: Wednesday
following the 7 a.m. and 8 a.m. Masses
First Friday Devotions: Following
the 8 a.m. Mass



Mission Statement

Our mission as a holy parish is to communicate and to celebrate the life and spirit of Jesus by our words and actions in order to build a dynamic, loving, caring and outreaching community of faith.

Rectory Hours

Monday-Friday: 9 a.m.-4 p.m.
*The rectory is closed between
12:30 p.m. and 1:30 p.m.
Closed Fridays in July
through Labor Day.*

Rectory Phone Numbers

(973) 667-2580

(973) 661-1623

Fax: (973) 667-0648

Emails

olmcnutley@optimum.net

olmc religion@optimum.net

Website

www.olmc-nutley.org

Marriages

Please schedule at least ONE YEAR in advance of your wedding. Pre-Cana and other instruction sessions are required.

Sacraments of Healing

Please notify the parish office if someone is ill at home.

Baptisms

We request parents attend a Baptism Instruction Session before the birth of their child. The Sacrament of Baptism is usually celebrated the third Sunday of each month, except during Lent (when we will not celebrate the sacrament until Easter). All Baptisms are scheduled in person at the rectory.

Parish Membership

All are welcome to join our Parish Family. Parish policy requires registration to participate in Baptism, Marriage and Religion Classes. Please notify the office when a change of address or move occurs.



Mass Intentions

Saturday	February 27
7:30 a.m.	Lucille Burke
5 p.m.	Nino Bucciarelli
Sunday	February 28
7:30 a.m.	Carmine and Caterina Falduto
9:15 a.m.	Aries Nano
10:45 a.m.	Margaret "Peggy" Coppola
12:15 p.m.	Ida Russomano
Monday	February 29
7 a.m.	Gladys Volpe
8 a.m.	Armando R. San Juan
Tuesday	March 1
7 a.m.	John Noud
8 a.m.	Jack McTamney
Wednesday	March 2
7 a.m.	Rev. Jude Duffy
8 a.m.	James Fusaro
Thursday	March 3
7 a.m.	Mary and Douglas Reiff
8 a.m.	Americo Del Terzo
Friday	March 4
7 a.m.	People of the Parish
8 a.m.	Oscar Brion, M.D.
Saturday	March 5
7:30 a.m.	Camillo Rispoli, Sr.
5 p.m.	Bill Hahn
Sunday	March 6
7:30 a.m.	Deceased Members of the Evangelista Family
9:15 a.m.	Intentions of the Carpenter and Basini Families
10:45 a.m.	Lena Marcotrigiano
12:15 p.m.	Casmer and Donald Klos

Prayers for Health Reasons

Robert Balogh, Josephine Benimeo,
George Berkovich, Rudolfo Clavecilla,
Ana Marie de Vera, Peter Del Negro,
Donald and Shirley Di Benedetto, Joshua Di Costanzo,
Richard Dinzes, Grace Fiore,
Joan Gabriele, Connie Garcia, Michele Giannone
Barbara Wolf-Gordon, Robert Griffin, Mary Hamilton,
Edward Keane, Barbara Klena,
Madonna Junker, Justin, Lucille, Lynda,
Eve McKay, Gerard F. Melillo, Madeline Micael,
Lawrence Miller, Karen Ann Niles, Joseph Nitti,
Jack Nitz, Robert Palmer, Maria A. Penaranda,
Evelyn Perry, Vincent Petracco, Isabella Piccininno,
Richard Reidy, Albert Reyes, Jocelyn Reyes,
Marie Rispoli, Anne Rotonda, Stephen Sawruk,
John Tiseo, Mariana Toledo, Joan Tomol, James
Tressito, Gina Villaggio, Ramona Zungri

Mass Intentions

Masses are scheduled in person during office hours.

Come to the rectory to:

~ Schedule a Mass for a loved one (living or deceased).

~ Make an offering in honor or in memory of a loved one for The Sanctuary Light, Bread and Wine or Church Flowers.

Baptism Preparation

If you are expectant parents, please arrange to attend our Baptismal Instruction Program before the birth of your child. Baptismal Instruction and Baptisms must be scheduled in person, at the rectory. The next Baptismal Instruction Course is **Sunday, March 13 at 2 p.m.** The next Baptism is scheduled for **Sunday, April 17 at 2 p.m.** ***Please visit our website to read guidelines for godparents and for a complete Baptismal Schedule.***

February 21: \$4,336

Collection for Parish Assessments: \$1,227

Monthly Assessment

Obligation to RCAN: 3,453\$

*As you give to the Lord, may
He bless you in return.*

The *Sanctuary Light* honoring the Eucharistic Presence of Our Lord in the Tabernacle is lit this week in Loving Memory of

Jennie Siciliano

The *Bread and Wine* offering this week in Loving Memory of

Idalia Gobaira Lorenzo



Oliver's Corner

*His ears were often
the first thing to
catch my tears.*

~Elizabeth Barrett Browning,
referring to her
Cocker Spaniel, Flush

Food Pantry

Many people only donate to food pantries at holiday times, but we want to thank you, for being so consistent all year round, with your generous giving. No matter what time of the year it may be, you have never stopped sharing with those less fortunate. We thank you from the bottom of our hearts. Donations to our Food Pantry consist of non-perishable foods: such as soups, sauces, pasta, rice, cereals, dry milk, canned vegetables, as well as toiletries (toothpaste, toothbrushes, soap, etc.) ***Please check expiration dates before donating food. If the food is out of date, kindly discard. Kindly drop off food donations in one of the church vestibules. Please refrain from leaving donations on the porch of the rectory. The Nutley Family Service Bureau will now operate the Food Pantry formerly provided by the regional American Red Cross.***

Holy Father's Prayer Intentions for February

We pray that we may take good care of creation—a gift freely given—cultivating and protecting it for future generations. We also pray that opportunities may increase for dialogue and encounter between the Christian faith and the peoples of Asia.

Ministry Sign Up Form

Name: _____

Address: _____

Town/Zip: _____

Phone: _____

I am interested in the following Ministry(ies):

- ☐ Altar Server
- ☐ Catechist
- ☐ Lector
- ☐ Choir
- ☐ Other _____

Music Notes

When we think of music we think of harmony, tonality, melody, crescendos and diminuendos. We think of expressive songs, contemporary and traditional hymnody. We speak of musical color and mood. What do all of these have in common? At the very basic level, all of these are characterized by 'sound'. All music is audible...or is it?



One may not think of it much, but 'silence' plays an integral role in the art of music. Much like we need to still our hearts in our everyday spiritual living, so too, do we need to observe moments of silence in the midst of our sacred music. Still perplexed? Well, if you look at your hymnal, you will notice that in addition to individual notes, we have 'rests'. Simply stated, these represent moments when no music is produced.

Think of the beauty of these musical moments. In the realm of sacred music, these moments of silence allow for breathing or for a transition in musical structure or theme. Still, silence not only comes in the midst of a song but also after it. Think of those moments of silence after our communion hymns or those following our second readings. Silence allows us to digest messages or thoughts. They compel us to enter into a deeper realm of spiritual contemplation.

So you see, sacred music is indeed an active embodiment of a harmonious spiritual life. Listen carefully to the silence the next time you attend Mass. Do you hear God speaking to you? What do you feel? This Lent, let us hear the silence in our hearts and in our lives. What a beautiful 'sound' indeed. It all comes from our God. It is after all, beautiful and good.

Andrew Cardona, Director of Music Ministry

Stewardship Reflection

"He said to the gardener, 'For three years now I have come in search of fruit on this fig tree but have found none.'" (LUKE 13:7)

Are you like the barren fig tree? How will you respond when God asks you what you have done with all the gifts He has given you? Remember, not only are we called to be generous, we are called to develop and nurture our gifts and return with increase.

Religious Education

**~First Holy Communion Parent Meeting:
Wednesday, March 2 at 7 p.m. in the Parish
Hall.**

Palm Crosses

Sister Mary Rose and her dedicated volunteers will be selling palm crosses before and after all masses on **February 27/28** and **March 5/6**. Each cross is \$10. Proceeds benefit the OLMC CCD Program. *We can always use more volunteers to help sell crosses. If you're interested, please call the rectory.*



Confirmation

Mandatory practice for Confirmation Candidates and Sponsors will be held in the Church on **Friday, March 4 at 8 p.m.** We will celebrate the Sacrament of Confirmation on **Sunday, March 6** during the **12:15 p.m. Mass**. The Mass will be celebrated by Bishop Dominic Anthony Marconi.

OLMC Website

Forgot to pick up a Sunday bulletin? Visit our website www.olmc-nutley.org to check out the latest bulletin, get Religious Education news, Mass schedules, find out more information about our various organizations, events, etc. Pay us a visit!

At a Glance...

February 27/28

Collection for Parish Utilities

Palm Cross Sale

Tuesday, March 1

Choir Practice: 5:30/8 p.m.

Infant of Prague Novena: 7:30 p.m.

K of C: 8 p.m.

Wednesday, March 2

First Holy Communion Meeting for Parents:
7 p.m. (Parish Hall)

Friday, March 4

Stations of the Cross: 7 p.m.

Confirmation Practice: 8 p.m. (Church)

March 5/6

Palm Cross Sale

Peter's Pence Collection

Sunday, March 6

Confirmation: 12:15 p.m.



Here are our **2016 Lenten Regulations** regarding Fast and Abstinence:

1. The days of both Fast and Abstinence during Lent are **Ash Wednesday (February 10)** and **Good Friday (March 25)**. The other Fridays of Lent are days of Abstinence. On a day of Fast, only one full meal is permitted. Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially," or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent (February 14)** to the **Solemnity of the Holy Trinity, (May 22)**.

**Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

2016 Lent Schedule

Stations of the Cross

Fridays of Lent at 7 p.m.

Penance Service

Monday, March 7: 7 p.m.

Palm Sunday Masses

March 19: 5 p.m.

March 20: 7:30, 9:15, 10:45 a.m. and 12:15 p.m.

Holy Thursday

March 24: Morning Prayer, 8:30 a.m.

Mass of the Lord's Supper: 7 p.m.

Friday of the Passion of the Lord

March 25, Morning Prayer: 8:30 a.m.

Liturgy of the Word, Veneration of the Cross,

Holy Communion: 3 p.m.

Stations of the Cross: 7 p.m.

Holy Saturday

March 26, Morning Prayer: 8:30 a.m.

Blessing of Food: 1 p.m.

Easter Vigil: 8 p.m.

Easter Sunday of the Resurrection of the Lord

March 27: 7:30, 9:15, 10:45 a.m. and 12:15 p.m.

You Are Not Alone (YANA)

Our Parish Bereavement Support Group will meet on **Wednesday, March 9** from **7:30 p.m.-9 p.m.** in the Parish Hall. Our Support Group is open to anyone (parishioner or non-parishioner) who has suffered the loss of a friend, relative or a loved one. There is no charge and reservations are not required. All you need is an open mind and an open heart. Let us try to help you through this time of grief.

2016 Marriage Anniversary Masses

We are preparing the annual tradition of honoring those couples in our Archdiocese who will be celebrating five, twenty-five, and fifty years of Christian marriage in the year 2016. These **3 p.m.** liturgies will be celebrated by Archbishop John J. Myers in the Cathedral Basilica of the Sacred Heart in Newark as follows:

- ♦ Sunday, April 24 5 and 25 years (All Counties)
- ♦ Sunday, May 1 50 years (All Counties)

Registration is required. Call the rectory If you are interested.

Choir Practice

Junior Choir: Every Tuesday at 5:30 p.m./Adults: Every Tuesday at 8 p.m. New members are always welcome. Call Andrew, (347) 678-6702, email: acardona.music@hotmail.com.

Parish Registration

Our welcome mat is always out. If you enjoy worshipping at Our Lady of Mount Carmel Church, make us your official Parish by taking a few moments to register. Please complete the information in the space below and place it in the collection and we will contact you. You may also download a registration form on our website. *All information is kept confidential.*

Quick Parish Registration Request

*I wish to register as a
Parishioner of OLMC*

Name: _____

Address: _____

Town: _____

Phone: _____

- ☐ New Registration
- ☐ Change of Address

Join Us...

Knights of Columbus

To join our Knights, email Michael at KofC6195@verizon.net or call the rectory. **The group meets the first and third Tuesday of the month at 8 p.m. The next meeting is March 1.**

Adult Handicraft

Good news! We will resume crafting, **March 7, at 10 a.m.** in the Parish Hall. We'll be back crocheting, knitting and making all sorts of handicraft items. Everyone is welcome to join.

Women's Auxiliary

Meetings are held the **second Monday of each month at 1 p.m.** in the Parish Hall. If you would like to become a member of our group call Linda, (973) 661-0090. **The ladies will be meeting on March 14 (weather permitting).**

Spring Bus Ride to AC

The Women's Auxiliary is hosting another fun-filled bus ride to Caesars in Atlantic city on **Wednesday, April 20**. The fare is \$25. In return, guests will receive a \$20 voucher from the casino. The bus will depart from the Church on Prospect St. at **9 a.m.** Please park in the Church lot. For reservations, call Dottie at (973) 759-3189.



OLMC Pilgrimage

The OLMC Women's Auxiliary is hosting a trip to the National Shrine of Our Lady of Mt. Carmel in Middletown, NY. **on Thursday, May 5**. The Shrine is situated on 60 beautiful acres in New York State (Middletown) only about an hour away. Here you can witness the importance of prayer in your life while deepening your commitment to God and devotion to Our Lady. The cost for the trip is \$40. The day will consist of, Mass, a hot lunch, a shrine tour/talk, free time for personal prayer, Reconciliation, browsing in the gift shop, and full use of the shrine's facilities. The bus will leave from the church at **9 a.m.** and will depart Middletown following Divine Mercy at approximately **3:30 p.m.** Call Linda with your reservation (973) 661-0090 or email LKR160@aol.com.